

Fitness Club

Fall Session 2011



Well another year has started and school is in full bloom! That can only mean it is almost time for the Hinsdale Rotary Run. Once again The Lane wants to train for this run by offering Fitness Club before school. There are no joining fees or obligations, just good old fashioned exercise with some peers, teachers, and family. Please remember the following:

- Bring your own water bottle.
- No one is allowed in the school before or during the club.
- Gym shoes must be worn at all times to participate. (No Crocs, sandals, or Heelies)
- HAVE FUN!!!

Please return this permission slip if you want to join this popular club that can help you have fun exercising. If you are a parent who is interested in volunteering, please check the appropriate box. Thanks. The teachers are looking forward to seeing you on the first day. The fitness club will meet these dates:

September 21, 23, 28, 30, October 5, 7, 12, and 14th from 8:00 am – 8:30 am.

PLEASE RETURN THIS PERMISSION SLIP BY: SEPTEMBER 20th

If you are interested in joining the Fitness Club please provide your name and homeroom

Name: _____ **Parent Signature** _____
(Student's first and last name)

Parent Volunteers: [] Check box if interested. **Student Homeroom:** _____
Phone # _____